

Mental Health Providers and Services – Marathon County

Name/Address/Phone/Website	Specialties	Ages Served	Insurances
Achieve Center 520 N. 28 th Ave. Ste. 200 Wausau, WI 54401 715.845.4900 www.achievecenter.com	Marriage and Family Pediatric and Young Adult Autism, ADHD Developmental and Neurological Disorders Non-verbal and Speech Language Difficulties Dyslexia, Dyscalculia Anxiety and Depression	0-49	Most insurances, MA Sliding fee scale available
Affiliated Family Psychiatry of Wausau, S.C. 2600 Stewart Ave. Ste. 270 Wausau, WI 54401 715.842.8600	Child/Adolescent Psychiatry	5-59	Most insurances Tri-Care, Medicare No Medicaid or UBH
Aspirus Weston Behavioral Health 4005 Community Center Dr. Weston, WI 54476 715.241.5470 www.aspirus.org	Child/Adolescent Psychiatry	0-18	Most insurances
Behavioral Health Clinic of Wausau 3600 Stewart Ave. Ste. B Wausau, WI 54401 715.842.9500 www.bhcwausau.com	Psychotherapy Counseling Psychological testing/evaluation Alcohol and Other Drug Learning Disorders Depression, Anxiety Behavioral/Adjustment Anger Management Marriage/Intimacy Trauma ADHD, OCD	All Ages	Most insurances
Steven A. Benson, PhD, LLC Consulting and Clinical Psychology 500 3 rd St., Ste. 319B Wausau, WI 54403 715.848.0002	ADHD Depression Anxiety, Panic Disorder Post-Traumatic Stress Disorder Abuse Family Issues, Marriage	All Ages	Most Insurances
Bridge Clinic 1810 N. 2 nd St. Wausau, WI 54403 715.848.4884 www.bridgeclinic.org	Behavioral Health Counseling Medication Management Full interpreter services for Hmong and Spanish	All Ages	Most insurances, MA Sliding fee scale available
Center for Human Development 631 Forest St. Wausau, WI 54403 715.842.0944 www.chdevelopment.org	Mental Health Depression, Anxiety Marital Counseling Substance Abuse Family Counseling Spirituality Communication	All Ages	Most insurances, MA Assistance available
Centre for Well-Being, Inc. 901 6 th St. Wausau, WI 54403 725.848.5022	Alcohol and Other Drug Disruptive Behavioral Disorder Chronic Pain/Illness Depression, Anxiety Mood Disorders Eating Disorders Womens Health Trauma Childhood Trauma/Attachment Grief and Loss Stress Management	All Ages	Most insurances, MA Sliding fee scale available

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<p>Charis Counseling 2620 W. Stewart Ave., Ste. 310 Wausau, WI 54401 715.848.0525 www.chariscounselingwi.com</p>	Substance Abuse Mental Health Anxiety, Depression Eating Disorders Grief and Loss Relationships Stress Trauma Family, Group, Individual Communication	All Ages	Most Insurances Self-pay
<p>Childrens Hospital of Wisconsin -Community Services - Child and Family Counseling 705 S. 24th Ave. Ste. 400 Wausau, WI 54401 715.848.1857 www.chw.org/childrens-and-the-community</p>	Depression, Anxiety Behavioral Issues Trauma, Social Issues Parent-Child Relationships	0-18	Most insurances, MA Sliding fee scale available
<p>Compass Counseling, LLC 3704 Weston Ave. Weston, WI 54476 715.298.6364 www.compasscounsels.com</p>	Depression Anxiety, PTSD ADHD Marriage and Family Counseling Child/Adolescent Behavior Grief and Loss Alcohol and Drug Assessments, Treatment Parenting Divorce Eating Disorders	All Ages	Most insurances, MA Assistance available
<p>Dix and Gillette Counseling Services, LLP 1720 Merrill Drive Ste. 401 Wausau, WI 54401 715.675.3888</p>	Addictive Disorders Depression, Anxiety Post-Traumatic Stress Disorder Communication Conflict Resolution Anger Management, Grief Chronic pain Eating Disorders Sexual Abuse	13-up	Most Insurances Self-pay
<p>Elmergreen Associates 114 Grand Ave. Wausau, WI 54403 715.845.7175 www.elmergreen.com</p>	Mental Health Substance Abuse Eating Disorders Depression, Anxiety, Panic Grief and Loss PTSD Family, Parent, Youth Stress Chronic Illness and Pain Anger Management Communication	All Ages	Most Insurances Self-pay
<p>Evans Counseling 2714 Stewart Ave. Wausau, WI 54401 715.849-3988</p>	Mental Health Depression, Anxiety Relationships Self-care Grief and Loss Family, Parent, Youth Anger Management Conflict Resolution	All Ages	Most insurances Self-pay

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Hurd Counseling and Educational Psychology 2405 Schofield Ave. Ste. 250 Weston, WI 54476 608.228.0750 www.hurdpsychology.com	Youth Autism	0-64	BCBS, Security Health, The Alliance, MA (with Security HMO only), Cigna Sliding fee scale available
Kinlein Offices 408 3 rd St., Ste. 301 Wausau, WI 54403 715.842.7399	Self-care, life coaching	All Ages	Self-pay Sliding fee scale available
Lutheran Social Services of Wisconsin and Upper Michigan 115 N. 6 th St. Wausau, WI 54403 715.849.3344 www.lsswis.org	Individual, Couples, Family Therapies Alcohol and Other Drug Mental Health Counseling	14-up	Most insurances, MA Sliding fee scale available
North Central Health Care 1100 Lake View Drive Wausau, WI 54403 715.848-4600 www.norcen.org 24/7 Crisis Services 715.845.4326 or 1.800.799.0122	Individual, Family, Couples and Group Counseling and Therapy Mental Health Assessments Psychological Evaluations/Testing Medication Management Substance Abuse Assessments Anxiety, Stress Abuse/Trauma Depression & Mood Disorders Addictions Relationship Challenges Schizophrenia Grief & Loss Personality Disorders Major Life Changes Behavioral Disorders Conflict Resolution	All - Ages	Most Insurances, MA, Medicare, Self-pay, Sliding fee scale available
Northwest Journey 5655 N 28 th Ave. Wausau, WI 54401 715.675.5454	Individual and Family Therapy Group Therapy Case Management	6-18	Most insurances, MA Sliding fee scale available
Peaceful Solutions Counseling 741 N 1 st St. Wausau, WI 54403 715.675.3458 www.peacefulsolutions.org	Mental Health Counseling Substance Abuse Anxiety, Depression Trauma, Grief Youth Counseling Family Counseling Parenting	All Ages	Most insurances, MA Sliding fee scale available
Stepping Stones Counseling Center, LLC 411 Grand Ave. Ste. 400 Rothschild, WI 54474 715.355.4999 www.stepsstonescounselingcenter.org	Individual, Couples, Family Therapies Sex Therapy Discernment Counseling Mediation Marital Counseling Critical Incident Stress Debriefing Eye Movement Desensitization and Reprocessing	All Ages	Most insurances Self-pay

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Wausau Comprehensive Treatment Center 209 W Washington St Wausau, WI 54403 715.959.6718 www.wausauctc.com	Opioid Addiction treatment Counseling	All Ages	Most insurances Self-pay

Some Groups offered in Marathon County:

- Teen Girls DBT Group Therapy - Behavioral Health Services of Wausau
- Binge Eating Disorder Group Therapy - Behavioral Health Services of Wausau
- Dialectical behavior therapy - NCHC
- Dual-diagnosis (mental health and substance addiction) - NCHC
- Living with Severe Mental Illness (psychoses and major depression) - NCHC
- Alcohol and Other Drug Group - NCHC
- Operating While Intoxicated - NCHC
- Anger Management - NCHC
- Post Traumatic Stress Disorder (one group for men and one for women) - NCHC
- General Mental Health - NCHC
- Survivor of Suicide Group (SOS)

Other Groups may be available - please contact United Way's 211 for more information

