

# Mental Health Providers and Services

## Marathon County



Name/Address/Phone/Website	Specialties	Ages Served	Insurances
<p><b>Achieve Center</b>                      520 N. 28<sup>th</sup> Ave. Ste. 200                      Wausau, WI 54401                      715.845.4900  <a href="http://www.achievecenter.com">www.achievecenter.com</a></p>	<ul style="list-style-type: none"> <li>▪ Marriage and Family</li> <li>▪ Pediatric and Young Adult</li> <li>▪ Autism, ADHD</li> <li>▪ Developmental and Neurological Disorders</li> <li>▪ Non-verbal and Speech Language Difficulties</li> <li>▪ Dyslexia, Dyscalculia</li> <li>▪ Anxiety and Depression</li> </ul>	0-49	Most insurances, MA Sliding fee scale available
<p><b>Affiliated Family Psychiatry of Wausau, S.C.</b>                      2600 Stewart Ave. Ste. 270                      Wausau, WI 54401                      715.842.8600</p>	<ul style="list-style-type: none"> <li>▪ Child/Adolescent Psychiatry</li> </ul>	5-59	Most insurances Tri-Care, Medicare No Medicaid or UBH
<p><b>Aspirus Weston Behavioral Health</b>                      4005 Community Center Dr.                      Weston, WI 54476                      715.241.5470  <a href="http://www.aspirus.org">www.aspirus.org</a></p>	<ul style="list-style-type: none"> <li>▪ Child/Adolescent Psychiatry</li> </ul>	0-18	Most insurances
<p><b>Behavioral Health Clinic of Wausau</b>                      3600 Stewart Ave. Ste. B                      Wausau, WI 54401                      715.842.9500  <a href="http://www.bhcwausau.com">www.bhcwausau.com</a></p>	<ul style="list-style-type: none"> <li>▪ Psychotherapy</li> <li>▪ Counseling</li> <li>▪ Psychological testing/evaluation</li> <li>▪ Alcohol and Other Drug</li> <li>▪ Learning Disorders</li> <li>▪ Depression, Anxiety</li> <li>▪ Behavioral/Adjustment</li> <li>▪ Anger Management</li> <li>▪ Marriage/Intimacy</li> <li>▪ Trauma</li> <li>▪ ADHD, OCD</li> </ul>	All Ages	Most insurances
<p><b>Steven A. Benson, PhD, LLC</b>  <b>Consulting and Clinical Psychology</b>                      500 3<sup>rd</sup> St., Ste. 319B                      Wausau, WI 54403                      715.848.0002</p>	<ul style="list-style-type: none"> <li>▪ ADHD</li> <li>▪ Depression</li> <li>▪ Anxiety, Panic Disorder</li> <li>▪ Post-Traumatic Stress Disorder</li> <li>▪ Abuse</li> <li>▪ Family Issues, Marriage</li> </ul>	All Ages	Most Insurances

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<b>Bridge Clinic</b> 1810 N. 2 <sup>nd</sup> St. Wausau, WI 54403 715.848.4884 <a href="http://www.bridgeclinic.org">www.bridgeclinic.org</a>	<ul style="list-style-type: none"> <li>▪ Behavioral Health Counseling</li> <li>▪ Medication Management</li> <li>▪ Full interpreter services for Hmong and Spanish</li> </ul>	All Ages	Most insurances, MA Sliding fee scale available
<b>Center for Human Development</b> 631 Forest St. Wausau, WI 54403 715.842.0944 <a href="http://www.chdevelopment.org">www.chdevelopment.org</a>	<ul style="list-style-type: none"> <li>▪ Mental Health</li> <li>▪ Depression, Anxiety</li> <li>▪ Marital Counseling</li> <li>▪ Substance Abuse</li> <li>▪ Family Counseling</li> <li>▪ Spirituality</li> <li>▪ Communication</li> </ul>	All Ages	Most insurances, MA Assistance available
<b>Centre for Well-Being, Inc.</b> 901 6 <sup>th</sup> St. Wausau, WI 54403 725.848.5022	<ul style="list-style-type: none"> <li>▪ Alcohol and Other Drug</li> <li>▪ Disruptive Behavioral Disorder</li> <li>▪ Chronic Pain/Illness</li> <li>▪ Depression, Anxiety</li> <li>▪ Mood Disorders</li> <li>▪ Eating Disorders</li> <li>▪ Women's Health</li> <li>▪ Trauma</li> <li>▪ Childhood Trauma/Attachment</li> <li>▪ Grief and Loss</li> <li>▪ Stress Management</li> </ul>	All Ages	Most insurances, MA Sliding fee scale available
<b>Charis Counseling</b> 2620 W. Stewart Ave., Ste. 310 Wausau, WI 54401 715.848.0525 <a href="http://www.chariscounselingwi.com">www.chariscounselingwi.com</a>	<ul style="list-style-type: none"> <li>▪ Substance Abuse</li> <li>▪ Mental Health</li> <li>▪ Anxiety, Depression</li> <li>▪ Eating Disorders</li> <li>▪ Grief and Loss</li> <li>▪ Relationships</li> <li>▪ Stress</li> <li>▪ Trauma</li> <li>▪ Family, Group, Individual</li> <li>▪ Communication</li> </ul>	All Ages	Most Insurances Self-pay
<b>Childrens Hospital of Wisconsin –Community Services – Child and Family Counseling</b> 705 S. 24 <sup>th</sup> Ave. Ste. 400 Wausau, WI 54401 715.848.1857 <a href="http://www.chw.org/childrens-and-the-community">www.chw.org/childrens-and-the-community</a>	<ul style="list-style-type: none"> <li>▪ Depression, Anxiety</li> <li>▪ Behavioral Issues</li> <li>▪ Trauma, Social Issues</li> <li>▪ Parent-Child Relationships</li> </ul>	0-18	Most insurances, MA Sliding fee scale available

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<p><b>Compass Counseling, LLC</b>            3704 Weston Ave.            Weston, WI 54476            715.298.6364  <a href="http://www.compasscounsels.com">www.compasscounsels.com</a></p>	<ul style="list-style-type: none"> <li>▪ Depression</li> <li>▪ Anxiety, PTSD</li> <li>▪ ADHD</li> <li>▪ Marriage and Family Counseling</li> <li>▪ Child/Adolescent Behavior</li> <li>▪ Grief and Loss</li> <li>▪ Alcohol and Drug Assessments, Treatment</li> <li>▪ Parenting</li> <li>▪ Divorce</li> <li>▪ Eating Disorders</li> </ul>	All Ages	Most insurances, MA Assistance available
<p><b>Dix and Gillette Counseling Services, LLP</b>            1720 Merrill Drive Ste. 401            Wausau, WI 54401            715.675.3888</p>	<ul style="list-style-type: none"> <li>▪ Addictive Disorders</li> <li>▪ Depression, Anxiety</li> <li>▪ Post-Traumatic Stress Disorder</li> <li>▪ Communication</li> <li>▪ Conflict Resolution</li> <li>▪ Anger Management, Grief</li> <li>▪ Chronic pain</li> <li>▪ Eating Disorders</li> <li>▪ Sexual Abuse</li> </ul>	13-up	Most Insurances Self-pay
<p><b>Elmergreen Associates</b>            114 Grand Ave.            Wausau, WI 54403            715.845.7175  <a href="http://www.elmergreen.com">www.elmergreen.com</a></p>	<ul style="list-style-type: none"> <li>▪ Mental Health</li> <li>▪ Substance Abuse</li> <li>▪ Eating Disorders</li> <li>▪ Depression, Anxiety, Panic</li> <li>▪ Grief and Loss</li> <li>▪ PTSD</li> <li>▪ Family, Parent, Youth</li> <li>▪ Stress</li> <li>▪ Chronic Illness and Pain</li> <li>▪ Anger Management</li> <li>▪ Communication</li> </ul>	All Ages	Most Insurances Self-pay
<p><b>Evans Counseling</b>            2714 Stewart Ave.            Wausau, WI 54401            715.849-3988</p>	<ul style="list-style-type: none"> <li>▪ Mental Health</li> <li>▪ Depression, Anxiety</li> <li>▪ Relationships</li> <li>▪ Self-care</li> <li>▪ Grief and Loss</li> <li>▪ Family, Parent, Youth</li> <li>▪ Anger Management</li> <li>▪ Conflict Resolution</li> </ul>	All Ages	Most insurances Self-pay

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<b>Hurd Counseling and Educational Psychology</b> 2405 Schofield Ave. Ste. 250 Weston, WI 54476 608.228.0750 <a href="http://www.hurdpsychology.com">www.hurdpsychology.com</a>	<ul style="list-style-type: none"> <li>▪ Youth</li> <li>▪ Autism</li> </ul>	0-64	BCBS, Security Health, The Alliance, MA (with Security HMO only), Cigna Sliding fee scale available
<b>Kinlein Offices</b> 408 3 <sup>rd</sup> St., Ste. 301 Wausau, WI 54403 715.842.7399	<ul style="list-style-type: none"> <li>▪ Self-care, life coaching</li> </ul>	All Ages	Self-pay Sliding fee scale available
<b>Lutheran Social Services of Wisconsin and Upper Michigan</b> 115 N. 6 <sup>th</sup> St. Wausau, WI 54403 715.849.3344 <a href="http://www.lsswis.org">www.lsswis.org</a>	<ul style="list-style-type: none"> <li>▪ Individual, Couples, Family Therapies</li> <li>▪ Alcohol and Other Drug</li> <li>▪ Mental Health Counseling</li> </ul>	14-up	Most insurances, MA Sliding fee scale available
<b>North Central Health Care</b> 1100 Lake View Drive Wausau, WI 54403 715.848-4600 <a href="http://www.norcen.org">www.norcen.org</a>  <b>24/7 Crisis Services</b> 715.845.4326 or 1.800.799.0122	<ul style="list-style-type: none"> <li>▪ Individual, Family, Couples and Group Counseling and Therapy</li> <li>▪ Mental Health Assessments</li> <li>▪ Psychological Evaluations/Testing</li> <li>▪ Medication Management</li> <li>▪ Substance Abuse Assessments</li> <li>▪ Anxiety, Stress</li> <li>▪ Abuse/Trauma</li> <li>▪ Depression &amp; Mood Disorders</li> <li>▪ Addictions</li> <li>▪ Relationship Challenges</li> <li>▪ Schizophrenia</li> <li>▪ Grief &amp; Loss</li> <li>▪ Personality Disorders</li> <li>▪ Major Life Changes</li> <li>▪ Behavioral Disorders</li> <li>▪ Conflict Resolution</li> </ul>	All Ages	Most Insurances, MA, Medicare, Self-pay, Sliding fee scale available
<b>Northwest Journey</b> 5655 N 28 <sup>th</sup> Ave. Wausau, WI 54401 715.675.5454	<ul style="list-style-type: none"> <li>▪ Individual and Family Therapy</li> <li>▪ Group Therapy</li> <li>Case Management</li> </ul>	6-18	Most insurances, MA Sliding fee scale available

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<b>Peaceful Solutions Counseling</b> 741 N 1 <sup>st</sup> St. Wausau, WI 54403 715.675.3458 <a href="http://www.peacefulsolutions.org">www.peacefulsolutions.org</a>	<ul style="list-style-type: none"> <li>▪ Mental Health Counseling</li> <li>▪ Substance Abuse</li> <li>▪ Anxiety, Depression</li> <li>▪ Trauma, Grief</li> <li>▪ Youth Counseling</li> <li>▪ Family Counseling</li> <li>▪ Parenting</li> </ul>	All Ages	Most insurances, MA Sliding fee scale available
<b>Stepping Stones Counseling Center, LLC</b> 411 Grand Ave. Ste. 400 Rothschild, WI 54474 715.355.4999 <a href="http://www.steppingstonescounselingcenter.org">www.steppingstonescounselingcenter.org</a>	<ul style="list-style-type: none"> <li>▪ Individual, Couples, Family Therapies</li> <li>▪ Sex Therapy</li> <li>▪ Discernment Counseling Mediation</li> <li>▪ Marital Counseling</li> <li>▪ Critical Incident Stress Debriefing</li> <li>▪ Eye Movement Desensitization and Reprocessing</li> </ul>	All Ages	Most insurances Self-pay
<b>Wausau Comprehensive Treatment Center</b> 209 W Washington St. Wausau, WI 54403 715.959.6718 <a href="http://www.wausauctc.com">www.wausauctc.com</a>	<ul style="list-style-type: none"> <li>▪ Opioid Addiction treatment</li> <li>▪ Counseling</li> </ul>	All Ages	Most insurances Self-pay

**Some Groups offered in Marathon County:**

- Teen Girls DBT Group Therapy – Behavioral Health Services of Wausau
- Binge Eating Disorder Group Therapy – Behavioral Health Services of Wausau
- Dialectical behavior therapy – NCHC
- Dual-diagnosis (mental health and substance addiction) – NCHC
- Living with Severe Mental Illness (psychoses and major depression) – NCHC
- Alcohol and Other Drug Group - NCHC
- Operating While Intoxicated – NCHC
- Anger Management – NCHC
- Post-Traumatic Stress Disorder (one group for men and one for women) – NCHC
- General Mental Health – NCHC
- Survivor of Suicide Group (SOS)

Other Groups may be available - please contact United Way's 211 for more information